

## DEFENDING HUMAN RIGHTS

Participants are able

- to gain an insight into the concept of human rights and an overview of selected international and regional human rights instruments;
- to formulate their own perspective on the universality of human rights;
- to identify potential strategies for defending human rights in their own context.

Human rights matter for peace work in at least three different ways. The denial of human rights can be a cause for conflict. Violent conflict often goes along with gross human rights violations. And human rights can serve as a vision for a just and peaceful society in a post-conflict setting.

In this training we uncover the origin(s) of human rights, give an overview of the most important international and regional human rights standards and apply these to selected case studies of human rights violations. Furthermore we will discuss the universality of human rights from different perspectives.

We will share examples how human rights are effectively claimed and defended - and how human rights defenders can be protected. The training is relevant for all who want to gain a better understanding of the concept of human rights and who want to defend human rights or protect human rights defenders.

Trainers: Daniel Ó Cluanaigh, N. N.

Date: 26–30 October 2020

DANIEL Ó CLUANAIGH is a consultant and trainer focused on human rights, security, and conflict management. He collaborates with the Digital Defenders Partnership at Hivos and is a member of the Project Committee of Peace Brigades International Mexico.

## ANTI-BIAS AND SOCIAL INCLUSION

Participants are able

- to reflect upon and express their own role in processes of exclusion and inclusion at personal, interpersonal and structural levels in a global context;
- to critically reflect on the role of prejudices, power inequalities and ideologies in peace work and to begin to develop strategies to counter their negative effects;
- to explain and build upon the anti-bias and social inclusion approach in their own work context.

Peace Work aims at establishing and nurturing inclusive societies that provide equal access to social, political and economic resources to all – irrespective of their ethnic origin, age, gender, physical or mental condition, religious background, sexual orientation, etc. The training introduces the concepts of Anti-Bias and Social Inclusion. It aims at strengthening respect for diversity and creating awareness for discrimination and social exclusion.

Participants will reflect how they themselves are involved and/or affected by the social/global power relations. They will learn how to initiate processes of prejudice awareness that motivate and equip individuals, groups and institutions to critically confront their discriminatory attitudes and actions, and thus develop sustainable empowering structures.

Trainers: Cvetka Bovha, Prasad Reddy

Date: 02–06 November 2020

CVETKA BOVHA is a trainer in the Anti-Bias approach. She accompanies schools in the process of inclusion and facilitates programmes of international exchange and volunteer services.

PRASAD REDDY is a certified social inclusion and diversity trainer in the non-profit sector with vast international experience. He is the coordinator of the research, training and consultancy network Global Skills for Change in Bonn.

## PROJECT MANAGEMENT

Participants are able

- to assess the strengths and weaknesses of selected project management approaches and tools
- to select the relevant and appropriate tools for their project context
- to apply key elements of selected project management tools

Peace work needs proper planning, monitoring and evaluation in order to be able to contribute positively towards conflict transformation. In this training we will deal with questions about effective ways to promote peace and respective tools are offered to find valid answers. These approaches and tools range from Outcome Mapping to “Do no harm” and “Reflecting on Peace Practice”.

Participants will gain insights into selected tools and have the opportunity to apply these tools to their own projects and/or case studies. Participants will assess the strengths and weaknesses of these tools in order to choose and adapt the right tools for managing their peace projects.

The training is relevant for all who intend to engage in or are already in a position to coordinate peace projects.

Trainers: Gesa Bent, Jochen Neumann

Date: 09–13 November 2020

GESA BENT is a trainer and moderator working to create learning spaces for civil society organisations, movements and networks. Her focus is on strategy design, project management and international advocacy, combined with extensive experience in the field of gender, peace and security.

JOCHEN NEUMANN is a trainer in nonviolent conflict transformation and director of KURVE Wustrow. He worked on mediation and reconciliation in South Africa and implemented „do no harm“ at a human rights organisation.

## GENERAL INFORMATION

The trainings take place at the training centre of KURVE Wustrow in the Wendland region, in the North of Germany close to Hamburg and Hannover.

Each training lasts five days, from Monday 12:00 h until Friday 13:00 h. The trainings are held in English and are open to international participants.

Participation fee:

1.500,- Euro for organisations

1.000,- Euro for single persons

750,- Euro reduced fee for individuals (on enquiry)

The fee includes training material, vegetarian food and lodging in dormitory style. If lack of funds is an obstacle to your participation, please let us know. Depending on availability of funds, we may be able to offer reductions on the participation fee.

Applications should reach us as soon as possible, for participants in need of a visa or financial support the latest by 28 June 2020, for those without visa requirement the latest by 23 August 2020.

Please use the application form on our website:

<https://kurvewustrow.civiservice.de/civicrm/event/info?reset=1&id=50>

or contact our training unit: [pt@kurvewustrow.org](mailto:pt@kurvewustrow.org)

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**KURVE**  
Wustrow

Centre for Training and Networking  
in Nonviolent Action

Due to the Corona pandemic we cannot guarantee that the trainings can take place as originally planned. The restrictions might allow only a smaller number of participants or inhibit visa procedures and international travelling. We might offer online courses instead. Please apply now!

**PRACTITIONER TRAININGS**

**FOR NONVIOLENT CONFLICT  
TRANSFORMATION**

September–November 2020

7 weeks – 7 different topics  
individually bookable

## DIGITAL SECURITY

Participants are able

- to identify and respond to emerging risks to the sensitive information they manage in their work
- to maintain and improve the basic security of their digital devices and accounts
- in accordance with their necessities, understand and implement advanced tools to protect their data storage and communication

This training will create awareness and support capacity-building which is relevant to the digital security of the participants.

Peace activists will be enabled to do the risk self-assessment related to their own information management. They will gain insights into personal and organisational strategies on digital security concerning computers, internet and mobile/smart phones.

Participants will learn about secure behaviours and tools to use for maintenance of devices, safer storage and recovery of sensitive information, and more secure communication.

Trainers: Marianne Koch, Peter Steudtner  
Date: 28 September –02 October 2020

MARIANNE KOCH is a trainer, moderator and mediator. Due to her engagement in social movements she is highly experienced in moderation of political groups and civil disobedience.

PETER STEUDTNER is a trainer in nonviolent conflict transformation and a photographer / filmmaker. His trainings focus on integrated security for activists.

## NONVIOLENT CONFLICT TRANSFORMATION

Participants are able

- to understand the approach of nonviolent conflict transformation
- to identify and understand the need for nonviolent action to confront injustices
- to gain an overview of the wide range of nonviolent means

Peace work is often associated with “classic” peacemaking approaches like negotiations and mediation. Such methods can lead to sustainable solutions and a de-escalation of conflict. However, in order for them to be successful, there has to be a certain degree of power balance between parties and awareness for the root causes of conflict. To create such pre-conditions, nonviolent direct action can be a tool to raise awareness, mobilise people and confront injustice.

The training addresses people who are or want to become peace or movement workers. Participants will study the basic concepts of nonviolent conflict transformation based on Diana Francis, including definitions of violence and peace by Johan Galtung as well as means of nonviolent action as described by Gene Sharp and others.

Trainers: Jochen Neumann, Laura Weber  
Date: 05–09 October 2020

JOCHEN NEUMANN is a trainer in nonviolent conflict transformation and director of KURVE Wustrow. He worked on mediation and reconciliation in South Africa and implemented „do no harm” at a human rights organisation.

LAURA WEBER is a trainer in nonviolent conflict transformation and leadership skills for youths. She works as peacebuilding coordinator for Nepal and Sri Lanka at KURVE Wustrow.



## SECURITY MANAGEMENT

Participants are able

- to apply a security management framework and so advance organisational security management;
- to apply selected risk and context analysis tools and develop security guidelines.

Peace workers face threats not only because of where they work but also because of what type of work they do. This training aims at proactively managing security on an organisational level while touching aspects of personal security. Therefore coordination or management level staff of NGOs and others who are responsible for security of fieldworkers or activists will benefit most.

The training is structured alongside a security management framework that can also be used for advancing organisational security later on. We work with inputs, examples, exercises and small group work. The training also includes a crisis management simulation and smaller roleplays. The training will focus on creating policies, programmes and practices that make peace work and activism safer.

Trainers: Tanya Spencer, N. N.  
Date: 12–16 October 2020

TANYA SPENCER is a human rights monitor and conflict transformation trainer working in hostile environments. These experiences led her into security training which give participants the knowledge and skills to feel and be safer.

## STRATEGISING NONVIOLENT CHANGE FOR SOCIAL MOVEMENTS

Participants are able

- to apply selected tools for the analysis of the dynamics of nonviolent social conflict in their own contexts;
- to think more strategically, i.e. formulating goals, steps and demands of nonviolent social movements;
- to reflect and more systematically manage risks and opportunities.

From Gandhi to the ‘Arab Spring’, from the anti-nuclear movement to the struggle for ... The training will offer a “guided tour” through cycles and dynamics of strategising processes in nonviolent movements. We will use a variety of practice-oriented analytical and strategic tools, with many application exercises on participants’ own case studies.

Coaching elements will be used to tailor the trainings to the needs and interests of the participants, so that they will leave with a practical toolkit for further action. Special emphasis will be given to not just develop grand plans, but to deal with chaos and risks, opportunities and repression, and how to build strategic alliances, in order to turn inevitable failures and shortcomings into long lasting success.

Trainers: Mai Ali, Hilal Demir  
Date: 19–23 October 2020

MAI ALI is a trainer for nonviolence and digital security, a human rights defender and computer engineer. Originally from Omdurman, Sudan, she is currently living in Berlin. She is active for just peace and human rights in Sudan as well as for refugee rights in Germany and Europe.

HILAL DEMIR works as a trainer for nonviolence since 1999 within Turkey and internationally. In 2014 she founded the first centre on Nonviolence in Turkey, the “Nonviolent Education and Research Centre”. She organises nonviolent trainings for NGOs and activists, initiated the first nonviolent trainer network in Turkey, and prepared a handbook of nonviolent tools for facilitators in Turkish.